

Herpes Zoster (Shingles) Vaccine

帶狀疱疹 (生蛇) 疫苗



The varicella-zoster virus causes both chickenpox and shingles. After chickenpox recovery, the virus can stay inactive in the body and reactivate as shingles if the immune system weakens. According to the Hong Kong Centre for Health Protection, 91% of adults 39+ have the varicella-zoster virus, with shingles risk increasing after age 50. However, more younger people are now getting shingles.

帶狀疱疹俗稱生蛇，由水痘帶狀疱疹病毒引致。水痘帶狀疱疹病毒可以引發水痘，即使水痘康復後，病毒仍然會一直潛伏在身體，在免疫力下降時就有機會發作，造成生蛇。根據香港衛生防護中心資料，91%的香港成年人（39歲或以上）帶有帶狀疱疹病毒，50歲以上的人群中更為常見，且年輕人罹患帶狀疱疹的趨勢逐漸增加。

Shingrix is an FDA-approved vaccine designed to prevent shingles
Recommended for age over **50** & **individuals over 18** with a weakened immune system*
臨床研究顯示，已經獲得美國食品藥品監督管理局 (FDA) 認證的新一代疫苗 **Shingrix**
適合**50歲以上及18歲以上高危人士***

Efficiency in
Preventing Shingles
Development

有效**預防**帶狀疱疹
(生蛇)




Over
超過 
90%

Prevention of **PHN**

有效預防帶狀
疱疹(生蛇)引起的
後遺神經痛



Over
超過 
89%

*Due to diseases like HIV/AIDS or cancer, or congenital
如患有HIV/AIDS或癌症，或先天性免疫力低下人士

Shingrix Vaccine 帶狀疱疹疫苗 (蛇針)

2 Doses 2針套餐 HK\$4,980

Includes the fee of 1 consultation and vaccine 已包含一次醫生諮詢費及疫苗費

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Which individuals are recommended to receive the vaccine for herpes zoster (shingles)? 誰需要接種帶狀疱疹（生蛇）疫苗？

Age 歲
>50

Age over 50;
risk increases with age
年過50歲;
風險隨年齡增加



Individuals over 18 with a weakened immune system (due to diseases like HIV/AIDS, cancer, or congenital HIV/AIDS)
18歲以上免疫力低下人士 (如患有 HIV/AIDS 或癌症或先天性免疫力低下人士)



People recovered from chickenpox
曾經患過水痘人士



Family history of Shingles¹
家族曾經「生蛇」人士¹



People recovered from COVID²
新冠康復者²



Stress
壓力

You are suggested to consult the doctor prior to receiving the new generation shingles vaccination as some groups may NOT be suitable, such as :

請於接種前先諮詢醫生意見，以下人士或不適直接種新一代帶狀疱疹（生蛇）疫苗：

- ◆ Those who are currently pregnant;
孕婦;
- ◆ Those who are currently having shingles;
目前患有帶狀疱疹之人士;
- ◆ People who are suffering from a moderate or severe acute illness, with or without fever, should wait until recovery before getting the vaccine
目前患有中度或重度急性疾病，無論有否發燒，都應待康復後再接種疫苗

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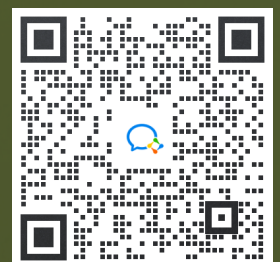


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